

HOLY MASS INTENTIONS

SATURDAY MAY 23

9:30am In Loving Memory of Claire Filie Forestal requested by Gladys Mayard and Family
In Loving Memory of Pricilia Olulili requested by Mercy Nwogu

SUNDAY MAY 24

10:30am Birthday Blessings for Thomas Pisani requested by his Son
The People of The Parish
Repose of the Soul of Andre & Robes & Celina Ceant requested by Mireille Charles

MONDAY MAY 25

9:30am Repose of the Soul and Birthday Blessings in Heaven for Cyril Douglas requested by Karen & Allison

TUESDAY MAY 26

9:30am In Honor of St. Phillip Neri

WEDNESDAY MAY 27

9:30am Birthday Blessings to Maximus Nwozuzu requested by the Nwozuzu Family

THURSDAY MAY 28

9:30am In Loving Memory of Mary Vladich Requested by Family

FRIDAY MAY 29

9:30am In Loving Memory of Lois White requested by Audrey Muse

SATURDAY MAY 30

9:30am In Loving Memory of Jean B Leconte requested by the Leconte Family
In Honor of St. Clare

SUNDAY MAY 31

10:30am In Loving Memory of Theresa Mandino requested by her
The People of the Parish
God's Richest Blessings to all on this Pentecost Sunday



The Altar Bread and Wine

which will be used in

The Celebration Of The Eucharist

Throughout the Week of **May 24th, 2020** is

In Loving Memory of Jean B Leconte

requested by the Leconte Family

GOD'S PLAN FOR GIVING

<u>2019</u>	<u>2020</u>
\$5,900.00	\$6,773.00
05/19/2019	05/17/2020

WEEKLY SCRIPTURE READINGS

Sun.	Acts 1:1-11, Mt 28:16-20 (58)
Mon	Acts 19:1-8, Jn 16:29-33 (297)
Tue.	Acts 20:17-27, Jn 17:1-11a (298)
Wed.	Acts 20:28-38, Jn 17:11b-19 (299)
Thur.	Acts 22:30, Jn 17:20-26 (300)
Fri.	Acts 25:13b-21, Jn 21:15-19 (301)
Sat.	Acts 28:16-20, Jn 21:20-25 (302)
Sun.	Acts 2:1-11, Jn 20:19-23 (63)

With respect, admiration and thankfulness we pray for those who are currently serving around the world and those to be deployed in the near future in defense of our nation.



THE ASCENSION OF OUR LORD



For Deacons



We pray that Deacons, faithful in their service to the Word and the poor, may be an invigorating symbol for the entire Church.

Holy Father's Prayer Intention
(May—2020)

PRAYER DURING A PANDEMIC

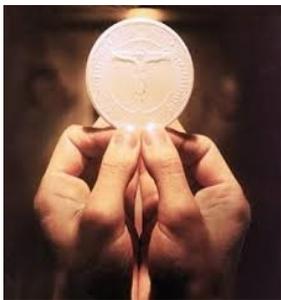
May we who are merely inconvenienced remember those whose lives are at stake. May we who have no risk factors remember those most vulnerable. May we who have the luxury of working from home remember those who must choose between preserving their health or making their rent. May we who have the flexibility to care for our children when their schools close remember those who have no options. May we who have to cancel our trips remember those that have no place to go. May we who are losing our margin money in the tumult of the economic market remember those who have no margin at all. May we who settle in for a quarantine at home remember those who have no home. During this time when we cannot physically wrap our arms around each other, let us yet find ways to be the loving embrace of God to our neighbors. Amen

TO THE VIRGIN MARY

O Mary, you always shine on our path as a sign of salvation and of hope. We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain, keeping your faith firm. You, Salvation of the Roman People, know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial. Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen. Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin.

Composed by Pope Francis, Bishop of Rome

AN ACT OF SPIRITUAL COMMUNION



My Lord Jesus Christ, I firmly believe that You are present in the Most Blessed Sacrament as true God and true Man: Body and Blood, Soul and Divinity. I love You above all things and I desire You with all my heart. Since I cannot now receive You Sacramentally, I ask You to come spiritually into my heart. I embrace You as if You were already in my heart and unite myself to You completely. Never let me fall away from Your Holy Presence. Amen.

THE NEW MISSION STATEMENT OF ST. CLARE PARISH

COME AND ENCOUNTER THE LIVING CHRIST WITH US

Stressful Parenting During COVID-19: (YOU ARE NOT ALONE)

You are not Alone. Now that we are several weeks into the global health pandemic, one might think that parents and children have figured out their new routines and are essentially functioning together well by this point. This may be true for some families, but a tremendous amount of parents are sharing their stories of trying times that involve feeling overwhelmed, angry, anxious, stressed, and guilty. If this is how you're feeling, you are not alone. Many parents are trying to manage their "day job" of working remotely from home, while still completing chores and getting food on the table. If this weren't already enough, parents are also taking the role of homeschool teacher and must help their children get on Zoom or Google Classroom to meet with their class and complete assignments throughout each day.

Other factors could be present, leaving home for an essential job while the kids are home from school, functioning in a one-parent household, losing a job, or coping with a loved one becoming sick. Emotions are running high for parents and children alike. Throughout the now combined school and work day, there is breaking up arguments between siblings and trying to manage meals and snack time. Children may be showing more intense behavior struggles due to their heightened emotions as well, which results in both kids and parents having a melt down. Parents struggle to help their children with assignments, and even getting kids to focus long enough to complete their tasks can feel difficult enough. When will this end? It can be daunting to think of the weeks ahead. For all these reasons and more, we all may need to let go of the shame and guilt for "not parenting well enough" and talk about how to get through this. It may seem that we're the only ones who don't have it together by now which can feel lonely and shameful. Let's normalize these emotions and know that we are not the only ones going through this. Here is a list of (realistic) tips created with the insight of (realistic) parents that can help provide some relief from these overwhelming feelings: ---

Take a pause from social media: It can be easy to compare ourselves to others, especially when we have more time at home to peruse the Internet. On Facebook and Instagram, it can look like other parents have completely managed the chaos in their homes and are spending their time doing engaging and fun activities. It's true, they could be great suggestions-but it's important to keep in mind that these ideas may not be perfectly executed. Social media is often our "highlight reel" rather than a place we share our struggles. We don't know what someone else is going through. If social media is becoming too overwhelming or negative for us, it's important to take a break until we are in a better headspace.

Connect with others: Make time throughout the week to check in with friends and family members. Be honest with them and share what you're going through. They will likely be able to empathize with you and assure you that things haven't been the easiest for them either.

Consider a general routine: No need for anything detailed or elaborate. Take a minute to think of the flow of schedule you would like the weekdays to have. Involve your children in creating the plan so they can experience involvement and have buy-in to your plan. Make the routine straightforward and easy to understand. Post your schedule in the home so everyone has access and can see what to expect.

It is always easy to place blame on ourselves and dwell on our shortcomings as parents. It is important to remember that we are trying our best. It's true that the global health pandemic is frightening and worrisome. It would be impossible to function as well as we normally do. Allow the space to experience these real emotions without judgment and remember that everyone is going through this in one way or another.

Lean on others-we will get through this together. **Just remember, You Are Not Alone.**

A PRAYER FOR HEALTH CARE WORKERS

During this Time of the Coronavirus COVID-19

Loving God, we place into your care all our doctors, nurses and healthcare workers.

Give them courage of heart and strength of mind and body. Guard and defend them against every harm.

May they know our deep gratitude for all they are doing to heal and help those affected by this virus.

God of all consolation lift up and care for these men and women risking and sometimes sacrificing their very lives for the good of others.

May they know your protection and peace. Bless them in these challenging days and bless their families.

Amen

LIVE STREAMING IN OUR PARISH CHURCH

Live streaming refers to online [streaming media](#) simultaneously recorded and [broadcast](#) in real time. It is often referred to simply as **streaming**.

We have installed Live Streaming where parishioners can partake in Masses, Monday to Saturday at 9:30am and on Sunday at 10:30am. All Mass intentions shall be prayed

Every private Mass that is celebrated, will be broadcasted online through our Website: <https://www.stclare-queens.org>. or through our Facebook page.

There is also a **Donate** button where you can make your weekly contribution on the website

THE PARISH DEPENDS ON YOUR DONATIONS

FAITH FORMATION

Dear Families,

I hope you are as well as you can be during this time of change and uncertainty. Our Lord tells us "Do not be afraid I am with you always".

Yes, during this time he walks with us as he walked with the two disciples on the way to Emmaus. They recognized him in the breaking of the Bread, then talked about their experience of encounter with the Lord.

As parents and family we are called to share our experience of encountering the risen Lord to our children. Just as they share their experience of encounter with the risen Lord with you.

Let us call this time a period of encounter with God and one another. Perhaps, a blessing to share on such a deep level.

The Diocese has provided us with many resources to help families with Faith Formation. I have included two videos hosted by Deacon Matt Halbach from Sadlier publication.

The other link is a good guide on how to watch and engage the family viewing live streaming Mass. At St Clare Masses are lived streamed at 9:30 am daily. Sunday 10:30 am stclare-queens.org

I miss you and would love to hear from you. Please confirm you have received this e mail. Peace, love and joy. **Ms. Lorena**

How To:

<https://dioceseofbrooklyn.org/wp-content/uploads/2020/03/How-to-Pray-the-TV-Mass-From-Home.pdf>.pdf

Video 1

<https://dioceseofbrooklyn.org/wp-content/uploads/2020/04/Making-your-home-a-prayerful-space-brooklyn-video.mp4>

Video 2

<https://dioceseofbrooklyn.org/wp-content/uploads/2020/04/Faith-Formation-tips-and-Prayer.mp4>



PLEASE RESPOND TO THE 2020 CENSUS

What is the 2020 Census?

The goal of the census is to count every person living in the United States once, only once and in the right place. The U.S. Constitution mandates that this population and housing count occur every 10 years. Census data, guide how more than \$675 billion in federal building is distributed to states and communities each year.

How do I respond ?

Go to my2020census.gov to complete your 2020 Census questionnaire online.

The census is so important that your response is required by law, and your answers are kept completely confidential. By law, the Census Bureau cannot release any identifiable information about you, your home, or your business, even to law enforcement agencies. That's protected under Title 13 of the U.S. Code.

If you need help completing your 2020 Census questionnaire, please call toll- free **1-844-330-2020**



The Sunday offertory is critical to the vitality of our parish. Not just to pay the bills that continue to accrue, but to sustain the life-giving works carried out each day by our dedicated personnel, devoted clergy, faithful lay leaders and also important to the financial health of our parish. We are pleased to announce that we offer electronic giving through a simple tool that provides you with the opportunity to support the parish in a way that is convenient and secure, while remaining in the safety of your home.

Our online giving partner is GiveCentral, and we want you to know that 100% of the donations you make through GiveCentral come to the parish. Donations can be made using a bank account or credit card, scheduled in advance to occur on a recurring basis, or as individual one-time gifts. With your first donation you can create a confidential username and password, allowing you to edit your donation schedule at any time. GiveCentral makes it easy for you to give.

Please consider choosing one of the following options to set up your gift to St. Clare Parish today as we all work together to minimize the spread of coronavirus COVID-19.

From your computer or tablet: Visit our parish giving page at givecentral.org/stclare-queens

From your smartphone, text the keyword SUNDAY to our parish number:712-217-1018 update contact information so we can stay in touch with you in the upcoming weeks. A simple form for just updating your contact information and emails (no giving required): <http://givecentral.org/short-form/674>

Your contributions make a tremendous difference in our ability to fulfill our mission and serve our community—thank you!

YOU ARE ALWAYS IN OUR PRAYERS

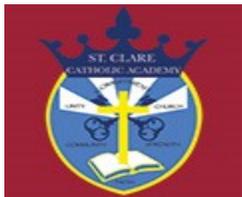




Father Andy
 Veronica Richards
 Barbara Roberts
 Margaret Cummings
 June Tanghow
 Colin Croft
 Milan Williams
 Alice Hall
 Irania Caruso
 Lillian Fortunado
 Alisia Thompson Reid
 Bernadette Ezissi

Natasha Brunson
 Gabrielle Arthurton
 Alex Maxwell
 Lisa Maxwell
 Eugene Mitchell
 Annie Andrews
 Georgia Sarlis
 Olga Daniel
 Iris McMillan
 Heather Smith
 Nancy Joseph
 Timothy Turner

INTERESTED IN ST. CLARE CATHOLIC ACADEMY FOR THE 2020—2021 SCHOOL YEAR?



Please contact us for a virtual tour at [Jpinnock @stclarecatholicacademy.org](mailto:Jpinnock@stclarecatholicacademy.org)

YOU CAN VISIT US AT WWW.STCLARECATHOLICACADEMY.ORG FOR MORE INFORMATION AND TO DOWNLOAD A REGISTRATION PACKET

Holy Virgin of Guadalupe

Queen of the Angels and Mother of the Americas. We fly to you today as your beloved children. We ask you to intercede for us with Your Son, as you did at the wedding in Cana.

Pray for us, loving Mother, and gain for our nation and world, and for all our families and loved ones, the protection of your holy angels, that we may be spared the worst of this illness.

For those already afflicted, we ask you to obtain the grace of healing and deliverance. Hear the cries of those who are vulnerable and fearful, wipe away their tears and help them to trust.

In this time of trial and testing, teach all of us in the Church to love one another and to be patient and kind. Help us to bring the peace of Jesus to our land and to our hearts.

We come to you with confidence, knowing that you truly are our compassionate mother, health of the sick and cause of our joy.

Shelter us under the mantle of your protection, keep us in the embrace of your arms, help us always to know the love of Your Son, Jesus. Amen.

OUR MINISTRIES

**FAMILY LIFE MINISTRY, YOUTH MINISTRY
 ROSARY ALTAR SOCIETY, WORSHIP 4 LIFE
 MUSIC MINISTRY, HOLY NAME SOCIETY
 BIBLE STUDY GROUP , CONSOLATION MINISTRY
 FLOWER MINISTRY, WOMEN’S MINISTRY**

After this crisis is over, we the Ministries of St. Clare, welcome all parishioners interested in becoming members of any Ministry.

Our ministries extend the work of the Catholic Church in one way or another. Whether enhancing weekly mass with music or visiting with those in need of our thoughts and prayers, ministry makes God’s kingdom alive in our community today.

STAY SAFE, STAY INDOORS